



Centro per la
Salute del
Bambino



Pediatric care based programs in Italy

Nati per Leggere: the multidisciplinary network

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Nati per Leggere (NpL) – Born to read

- The reasons for a multi sectoral intervention
- The role of different professionals
- The evolution of NpL in the health sector
- Meeting the challenges

The reason of a Multi sectoral intervention

Parents, caregivers, and families need to be supported in providing nurturing care and protection in order for young children to achieve their developmental potential



Nati per Leggere in the Nurturing Care Framework

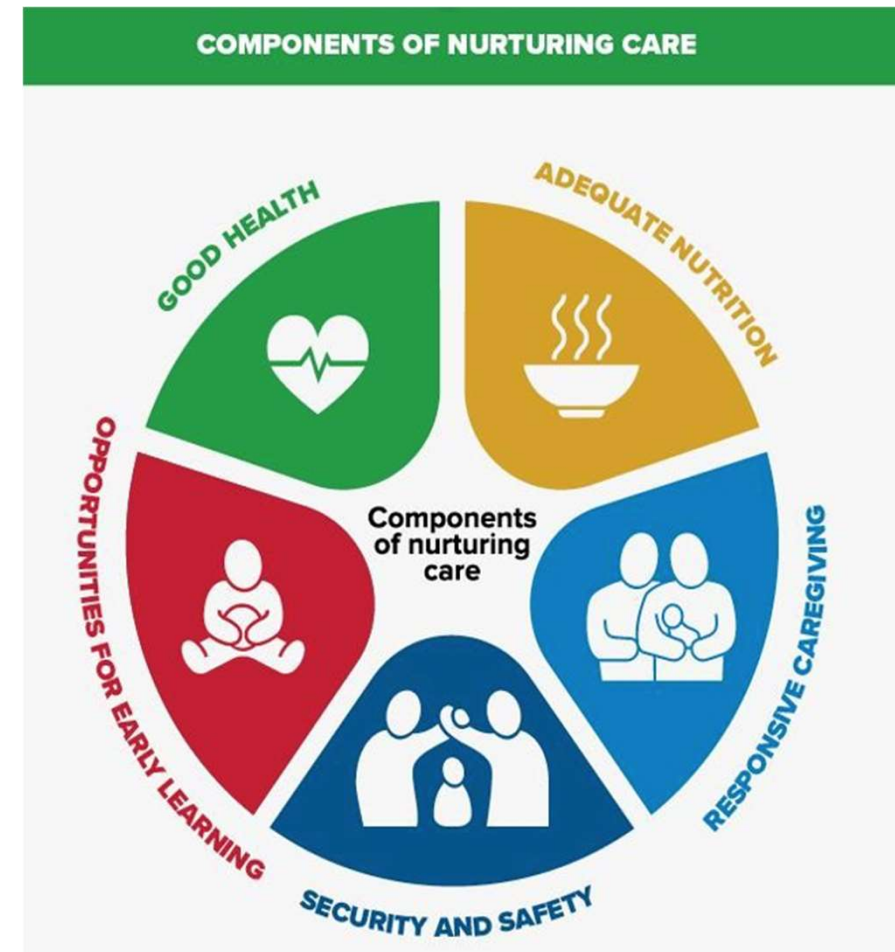
Nati per Leggere a tool to promote:

Responsive parenting (self efficacy)

Opportunities for early learning

Good Health

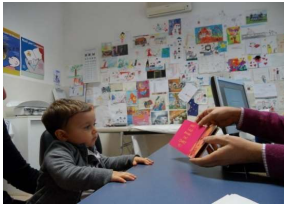
A protective factor for all families (**progressive universalism**)



The NpL network

The program is realized through the commitment of pediatricians, midwives, nurses, librarians, educators, reading volunteers and other professionals involved in child services in our country.

The family pediatrician (primary care pediatrician) has a strategic and positive role because



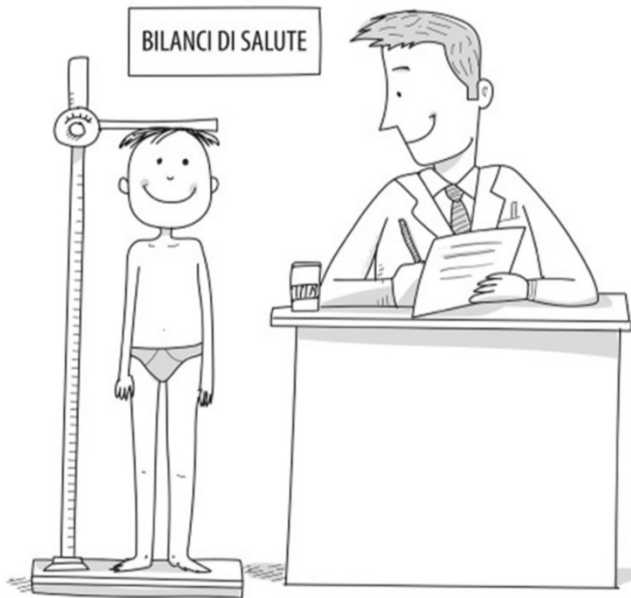
- Has early contacts **with families since birth**
- Visits **regularly** all children
- Is **influential**
- Can work in a network with libraries and local services
- In vulnerable families the family pediatrician may be the only source of information





Well child visits

- Tracking growth and developmental milestones
- Discussing and sharing any concerns about the child's health
- Getting scheduled vaccinations and screening tests
- Evaluating and promoting neurodevelopment with parents
- Talking with parents about child and family wellness

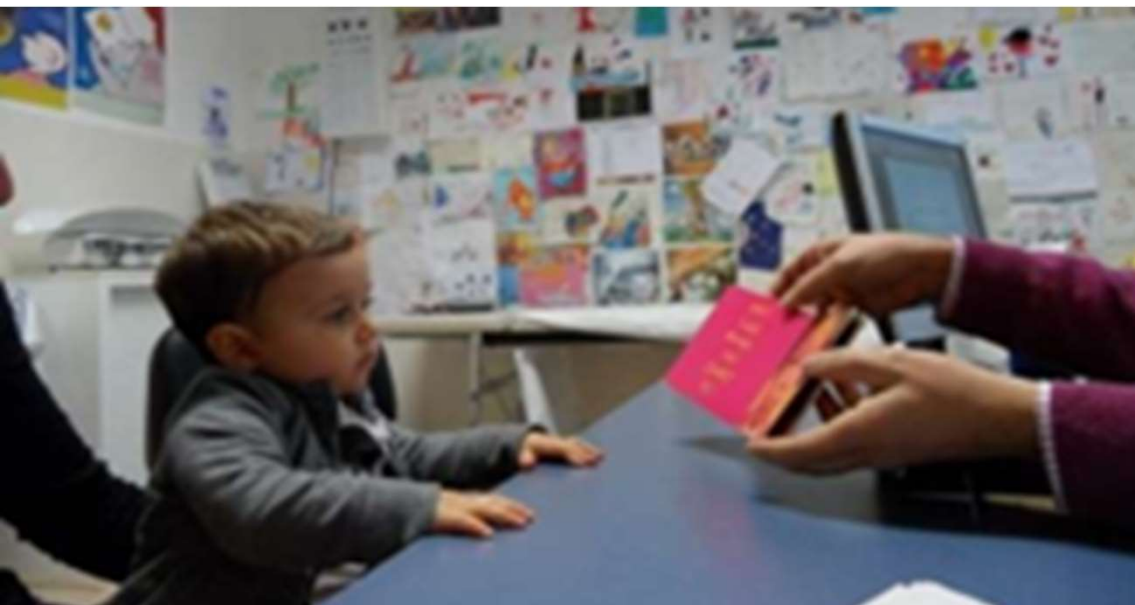


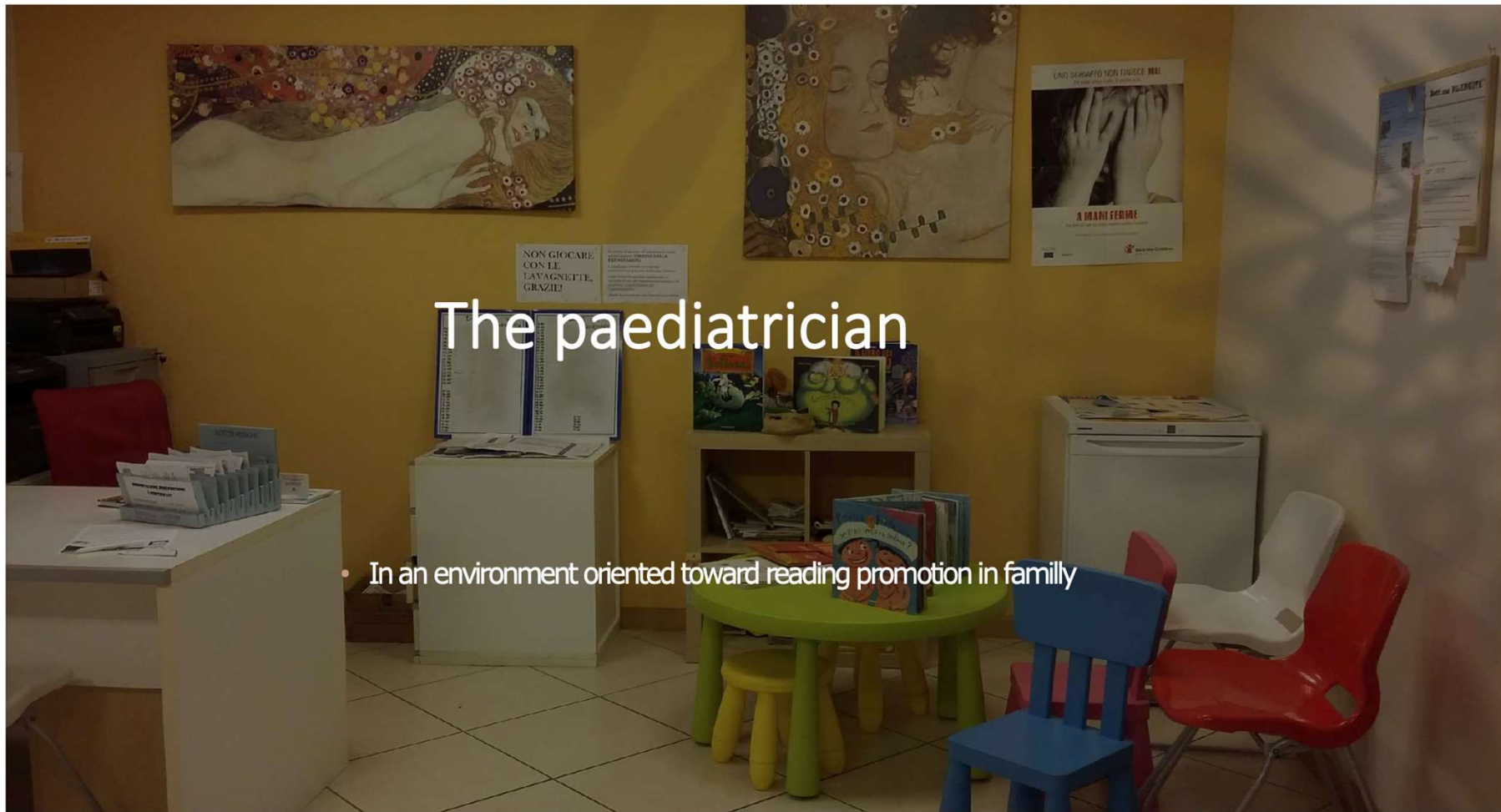


Nati per Leggere

Well child visits tools

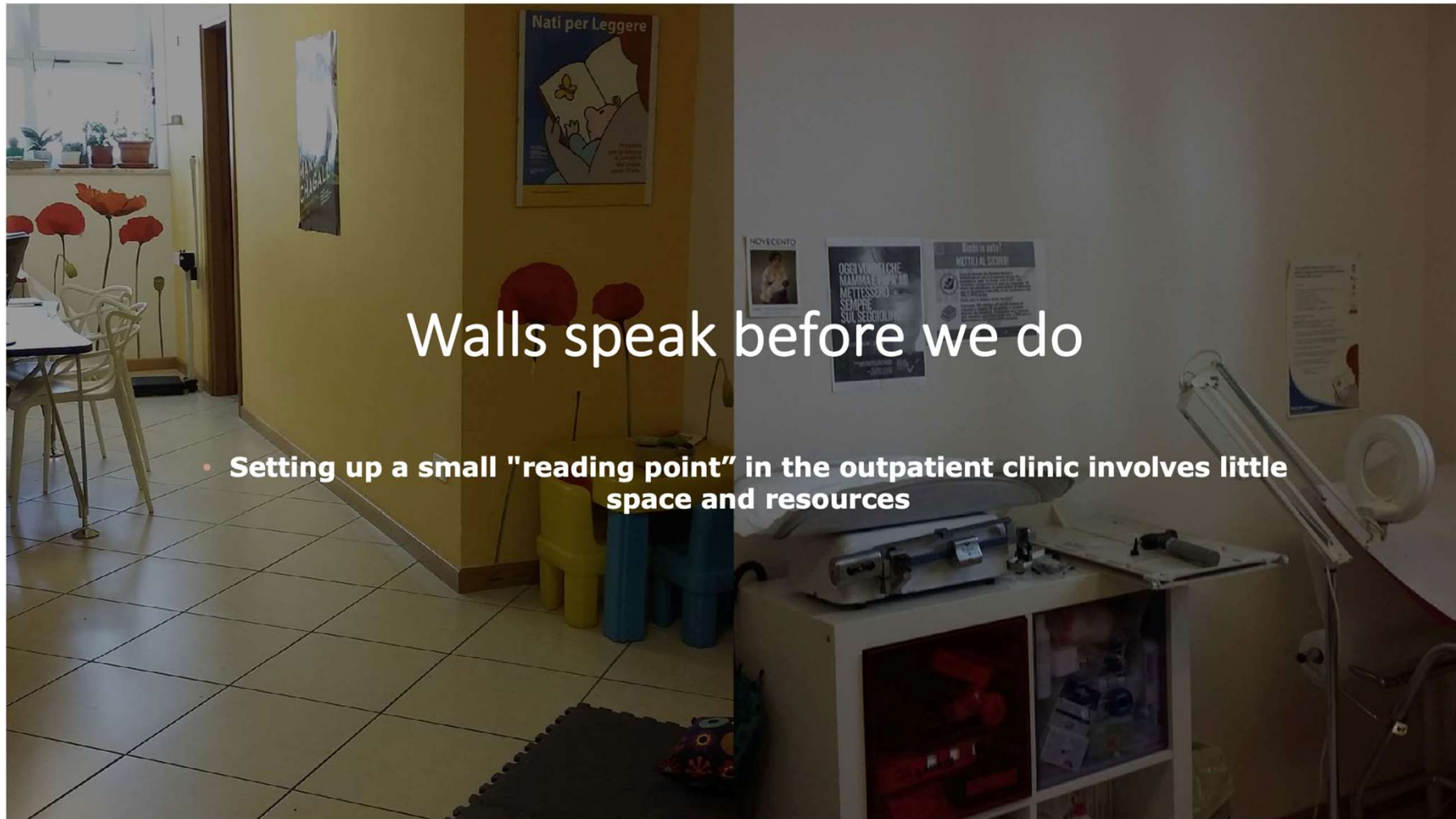
- One of the most important tools are ... books
- The book for assessing parent child relationship
- The book as a tool for a simple and basic assessment of fine motor skills, attention, receptive and expressive language





The paediatrician

- In an environment oriented toward reading promotion in family





Educators

The role of educators is as fundamental as it is delicate: it passes through close contact with children, supporting their questions and emotions and taking care to identify, in the evolutionary processes, what can be the ways through which enrich their growth experience.



Educators and teachers are fundamental in the growth path of children and support parents in their role.

Reading can become a routine in different times of the day.





Librarians

Selection of quality books for every age,
Collaborate with institutions and other professionals to build
network,
Organize the group of volunteers and training courses for
colleagues or information meetings for parents.

The evolution of NpL: «Care of reading»

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- Focus on three groups of children in vulnerable conditions:
 - Premature babies born below 37 weeks gestational age
 - Children with oncological disease.
 - Children with neurodevelopmental disorders.



Anticipatory guidances before birth

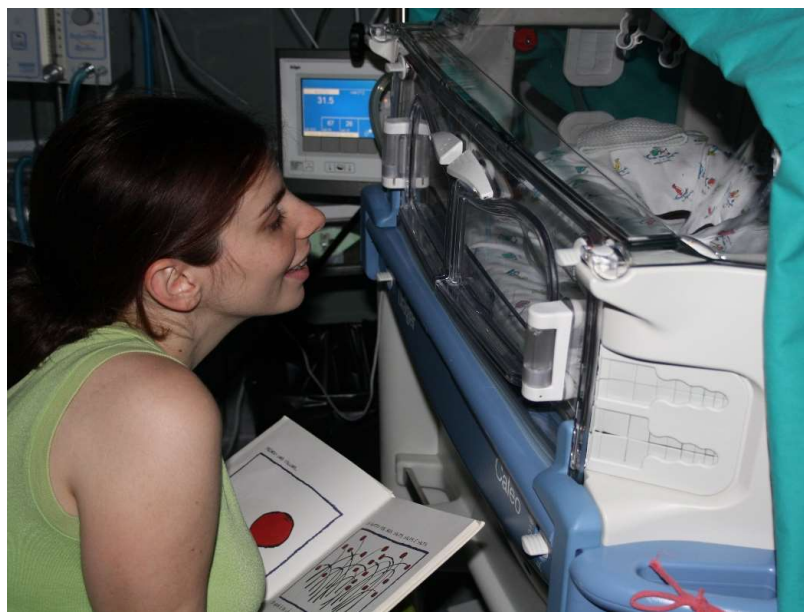


Maternal singing of lullabies during pregnancy and after birth: Effects on mother-infant bonding and on newborns' behaviour. Concurrent Cohort Study

Giuseppina Persico ¹, Laura Antolini ², Patrizia Vergani ³, Walter Costantini ⁴, Maria Teresa Nardi ⁵, Lidia Bellotti ⁶

Children learn during pregnancy and so also in NICU





A letter to our Journal: Quaderni ACP:

We are Pier Paolo and Manuela, parents of Francesco, a 28-week preterm baby who was admitted to the NICU for a month. During the pregnancy we started talking to him and often while we were doing so, his mother felt him moving. On the advice of the nurses in the NICU, we continued to talk to him and started to read a fairy tale, receiving countless smiles from him that amazed the whole ward. Talking to him through a glass was a way for us to have 'contact' with him (in the early days we could not have any) and we believe it was a way for him to feel that, in addition to all those life-saving machines, we were there with him.

Books for Children with Neurodevelopmental Disorders

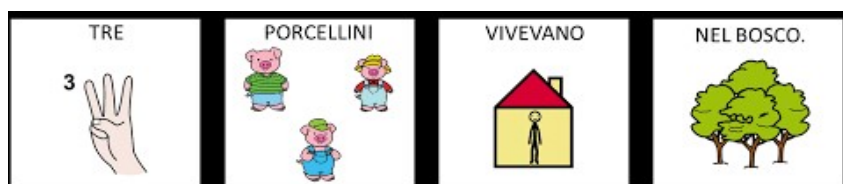


- Positive effects of **dialogic reading** in increasing vocabulary and comprehension

- **Inbooks: Augmentative Communication (AAC):**

A way for children with Neurodevelopmental Disorders to communicate.

The importance of supporting comprehension and spatial and temporal awareness in order to stay in social contexts



Pediatric oncohematology



“Just like the chorus in Greek tragedies, shared participation in reading will enable the hero to not feel alone, to know that he is accompanied in the journey, the path and the difficulties that, like any hero who respects himself, cannot fail to encounter.” Assunta Tornesello – Pediatrician- Chief of the Oncohematology-Lecce

A way also for children and parents to live moments of normality in a complex context of care



“It is hypothesized that reading a children's book that describes what a character undergoes when he or she has cancer, along with the coping strategies used, will improve the child's subjective perception of functioning and decrease emotional functioning and perceived emotional distress” (Schneider 2012)”

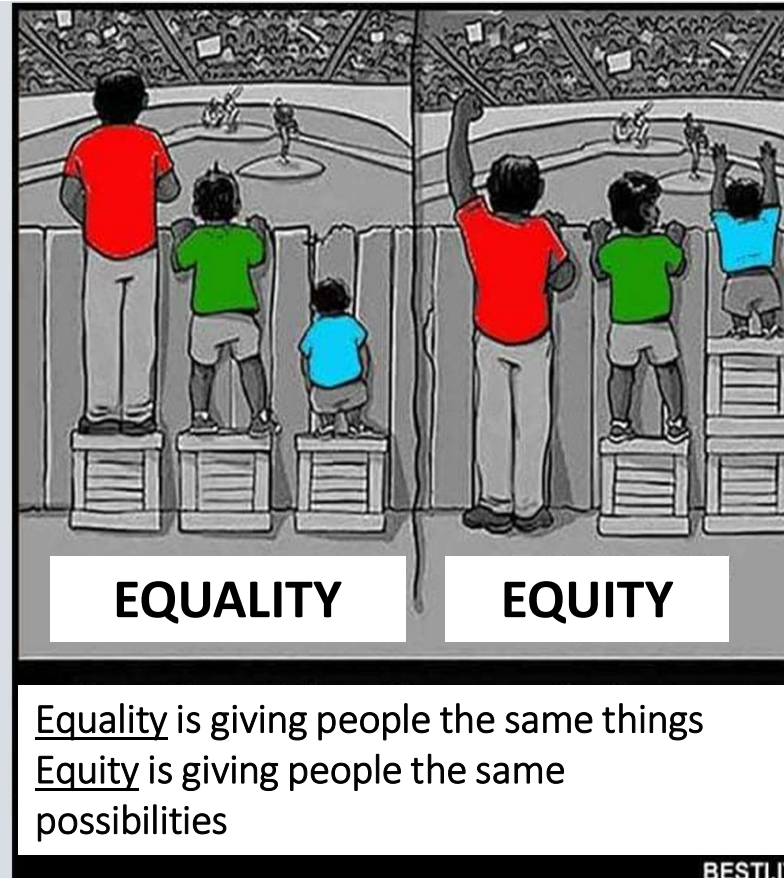


Conclusion

Key strategies of working with families

- **Precocity:** starting with pregnancy
- **Progressive universality:** for everyone, but not for all the same
- **Proactive strategies:** reaching out to families and not waiting for them
- **Multisectorality:** integration between services and joint training of providers

Same things or same possibilities



Conclusions.....not
yet!



**Nati per
Leggere**



Challenges to meet:
«Reaching the unreachable»



«Its a long and winding road.....

...but you will never walk alone...»

